

OOSO Objectives for 2017-2018

1.) Support patients and carers

- **hold quarterly OOSO Meetings at the Churchill;**
- **hold weekly OOSO patient support sessions on the upper GI ward;**
- **maintain our team of trained ‘counsellors’;**
- **circulate a regular e-newsletter;**
- **establish a support sub-group in the Swindon area;**
- **hold a Summer Lunch event;**
- **keep the website refreshed;**
- **build a small range of products for OOSO’s online shop;**
- **support the Enhanced Recovery After Surgery project (ERAS)**

OOSO Objectives for 2017-2018

2) Raise funds to sustain OOSO and invest in the Upper GI ward

- by 31 Mar 2018 aim to raise £30k;
- maintain a £30k balance to 'invest' in the Upper GI ward;
- raise the profile of OOSO

Patient Support Sessions

- **6 week trial, up & running now for 3 weeks**
- **Hosts - initially Jackie & Matt**
- **Upper GI day room, every Wednesday 2 - 4pm**
- **Supported by Anne/Anita/Gill & ward staff**
- **Patients & family welcome - provide practical advice**
- **So far met with 13 patients/carers/family**
- **Review our progress in 3 weeks**

World Cancer Day, 4th Feb 2017

Public meeting in the Oxford Town Hall

Feedback – points of interest

By: Matt Carter, Trustee OOSO



WORLD CANCER DAY



GLOBAL CANCER REPORT

2020-2025

UICC International Union Against Cancer Treatment and Research UK

Global Cancer Report 2020-2025



Cancer – the global picture

By Mark Lodge

Director International Network for Cancer Treatment and Research UK

- Globally 14.1M new cases each year *of all cancers* (2012)
- 75% of cancers occur in low & middle income countries
- Global survival rate of all cancers combined in 1970s = c.24%
- Survival rate today = c.50%

Cancer in Oxfordshire

By Dr Shelly-Hayles (GP)

North Oxfordshire Public Health, OCC

- **Oxfordshire has national average rates of diagnosed cancers**
- **Combined survival rates: National average = 70%, Oxfordshire = 72%**
- **Patient satisfaction: National average = 88%, Oxfordshire = 90%**
- **Current aims:**
 1. Make earlier diagnoses, educating GPs, quicker referrals
 2. Smoothing cancer pathways, packaging tests for consultants
 3. Focussing on care to improve survival rates

Cancer prevention in Oxfordshire

By Dr Emily Dobell

Oxfordshire Public Health, OCC

- Many factors: genetic, environment, *lifestyle*
- Poor diet – include more fruit & veg & less salt
- Obesity
 - > 60% of adults are obese in Oxfordshire
 - > need to manage weight, discuss with GPs
- Alcohol - recommend no more than 14 units/week (men & women)
- Inactivity – recommend more than 150 minutes/week of activity

Living with and beyond Cancer

By Hannah Gray

Macmillan Cancer Support

- **Many social impacts:**

- > on family and friends, work colleagues
- > suffer fatigue, pain, loneliness, depression
- > inability to work, lower income

- **‘The Recovery Package’:**

- > helping people through recovery
- > a checklist for patients & carers

Oxfordshire based research initiatives

By Prof Chas Bountra

Translational Medicine, based by the Churchill in Oxford

- 2000, 69 cancer drugs, av. 6 months of treatment, c.£3K each
- 2014, 132 drugs, av. 9 months of treatment, c.£35K each
- Too slow, too costly
- Novel approach, 'crowd sourcing science' - sharing findings
- 300 lab network worldwide – to drive innovation
- Work with patient groups to help fast-track trials
- Aim for better cheaper drugs